

The Gist

Empathic World

Change The World,

Empathically

to an

from a **competitive world**



empathic world

the situation

human misery
personal financial stress, social injustices, poverty, hunger, homelessness, human trafficking, fighting/conflicts/war, collateral damage; cycle of self-repression (*Forcing ourselves and others to "earn or starve" perpetuates the competitive world.*)

individual freedom with others
individuals connected, thriving, advancing, peaceful, interconnected autonomous empathic communities, vitality, abundance, naturally organically sustainable; cycle of self-empathy (*Empowering self, others, and all else to "live & let live" perpetuates an empathic world.*)

resulting in

the condition
that drives the thinking and behaviors

"earn or starve"
do your share; fight for your share
compete
dominant drivers: fear, threat, punishment, revenge, bribery/reward, hatred, comparing self with others, self/one's group as separate from others, self against others, self-preservation, survival, hoarding, greed, power & control

"live and let live"
essentials freely accessible
empathize
dominant drivers: individual autonomy/individual freedom; free to self-express; curiosity, passion, purpose, meaning; belonging/wanting to belong; connection; love; experience feeling alive; openness; empathy for self, others, and all else

create

The 4 root causes

- competition** sustainable peace not possible
To compete against others, turn off/mute empathy. always need an enemy; fight over everything; exclusivism; monopolization; control over/conquer nature.
- leadership over others**
to maintain/gain power & control; authority over others; hierarchies; compete for status/position/pay/authority; social disparity; power of the many structured for the few.
- ownership**
of land, resources, goods, people, other life, and ideas; divides, separates, haves vs. have-nots; inequality; materialism; exploitation; competition to own everything.
- means of exchange** (fight for share)
barter, trade, currency, money, credit, debt, and labor: pay for personal energy; pursuit of money, stuff, power; power of many transferred to the few via job>money>bills.

- empathy (empathy for others)**
basis for compassion, love, forgiveness, understanding, ...; letting be, volunteering, openly contributive, collaborative, freely cooperative, coexisting, in sync with nature, ...
- self-empathy (empathy for self)**
by awareness & understanding of self; un-numbering of self; leadership over self, self-regulation, inner-direction, self-direction, self-determination, individual autonomy, ...
- empathy for all else** resources, nature, life, the planet
All resources are the common heritage of all life. What's not directly cared for are returned to the commons. You get to have what you can manage, empathically.
- free flow of personal energy**
Essentials for life freely accessible provides the personal energy to do, think, imagine, connect, and empathize.
essentials: empathy, know-how, food, water, shelter, tools, ...

Transformation from here



Change The World, Empathically

From a competitive world
to an empathic world

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More than at any time before, a combination of factors have made it possible for a leaderless, self-guided human revolution.

These factors include widespread communication and exchange of information; awareness of personal energy flows (such as, ability for empathy, individual autonomy [free to self-express, self-direction], to be meaningful [feelings of dignity, self-esteem], the need and want to connect with others [social-emotional energy]); factors directly in our hands include growing organic food near us, capturing water from the air, and making clothes, housing, tools, and devices (3D printing and by hand); also, knowing how we're emotionally manipulated by being constantly bombarded with news, ads, and commercials; and an overall understanding and realization of social and economic patterns.

The patterns are showing us that our social and economic systems don't work. They work very well for the few, but not for everyone.

These factors, especially with empathy, make it possible to empower ourselves towards self-determination, self-direction, and self-regulation.

Moreover, with empathy as the heart towards our next society, it can be a mostly peaceful and swift transition. It has begun.

The very many build and operate society. The very few prosper massively and own much of everything.

One day, the very many decided to stop using any and all means of exchange, but continued to operate society as better ways take over. The very few would then no longer have the means to pay to keep their power. Power would revert to each of us.

*Money does not grow on trees,
but edible fruits and nuts do, freely.*

The Competitive World

Where we always need an opponent, an enemy.

Out of all the root causes of our current society, competition is the most pernicious in perpetuating the want to fight, from the tiniest of conflicts (relationships) to war. Competitiveness won't disappear, but our current world is toxically competitive.

Where empathy needs to be turned off or muted especially in order to compete against others without holding back.

Where empathy is considered a weakness—we don't teach empathy, so it's woefully undeveloped and, too often, dysfunctional.

Where winning (victory, profit, power, control) becomes the most important thing at the expense of all else, particularly empathy.

Where resources, people, life, and nature are all the subject of conquering, subjugation, ownership, and control.

Regardless of what economic system or reform we come up with, as long as the four root causes of the competitive world are maintained, we will continue to have human misery among the masses.

The 1st step to change: build empathy. The next steps are already spreading: growing organic food locally; recycling food waste back to the soil; capturing water from the air; as well as, new energy technologies and automation; all while building empathy.

An Empathic World

Where the **essentials for life** are freely accessible, which include empathy, knowledge, know-how, healthy food, water, air, soil, nature, clothing, shelter, tools, energy, communication, and transportation.

Where neither collectivism nor individualism dominate at the expense of the other. While there may be a wide variety of community types, some more collectivistic, others more individualistic, the interrelationships with self, with others, and all else (land, resources, nature, and all life) would be empathic—an empathic world. Empathy allows for the greatest possible individual freedom, as well as, great collective endeavors, organically.

Empathy is the ability to feel what others feel. Psychopathy is the inability for such feelings. We all fall somewhere in between psychopathic and empathic.

Healthy empathy is the basis for compassion, love, understanding, care, kindness, forgiveness, gratefulness, appreciation, acceptance, benevolence, goodwill, genuineness, authenticity, sincerity, trust, respect, considerateness, letting self and others be and do, openness, transparency, and cultivating diversity.

Empathic behaviors include letting be, letting go, allowing mistakes, coordinating in considerateness of others, volunteering, coexisting, co-prospering, being open/receptive, collaborative, freely cooperative, openly contributive, co-creative, synergistic, symbiotic, in sync with nature, while in **empathy for self, others, and all else.**