Changing the World of Human Misery Everywhere to an Empathic World

by The Very Many of Earth

All of what is here came before from others who developed their contributions from yet others before them.

An empathic world will not be perfect; it will not be a utopia: murders, jealousy, abuses, accidents, catastrophic errors, sociopathic and psychopathic behaviors would still continue, but hopefully less often.

Individuals will go through struggles and challenges, but at least, it would no longer be for survival or self-preservation.

The very many of earth want individual autonomy, individual freedom to live and thrive in peace to belong and contribute to not just do better, but to soar in the human spirit, in sync with nature to live and let live and to allow for the greatest of self-expression of humanity, of life.

For an empathic world
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### Problem: competitive world

**situation:** human misery everywhere

- Poverty
- Hunger
- Homelessness (broken, disconnected, unplugged)
- Human trafficking
- Collateral damage (fighting, conflict, war)
- Personal financial stress
- Cycle of self-repression (forcing ourselves and others to perpetuate the root causes)

### An Answer: empathic world

**situation:** individual freedom everywhere

- Vitality
- Abundance
- Thriving empathic communities
- Individual autonomy, individual freedom
- Peace, coexistence, co-prosperity
- Essentials for life freely accessible
- Cycle of self-empathy (focus on/from self-empathy perpetuates the root causes for an empathic world)

### conditions:

- "Earn or starve", "do your share", "fight for your share"; demands perfection

- drivers: Power, control; fear, threat, punishment, reward/bribe/blackmail; external drivers

- thinking: Constantly contrasting self with others; fear-based security/secret against others; watch/worry what others will do; fear of making mistakes; conformity, compliance, obeyance

- behaviors: Fear-based, manipulated emotions, undeveloped/neglected emotions in self (lack of self-empathy) and regarding others (lack of empathy), anti-empathic, competitive

### root causes:

- Ownership
  - inequality; compete for your share

- Means of exchange
  - compete to earn, or starve

- Leadership over others
  - exertion of power & control; social disparity

- Competition
  - anti-empathy

- Common heritage
  - You get to have what you can manage, empathically.

- Flow of personal energy
  - essentials freely accessible => energy to do, think, feel, connect

- Self-empathy
  - leadership over self, individual freedom; explore passion, purpose

- Empathy
  - basis for compassion, love, forgiveness; in sync with nature
Problem

Competitive World

Human Misery Everywhere

The Root Causes of the Problem

Ownership

Means of exchange

Leadership over others

Competition

An Answer

Empathic World

Individual Freedom Everywhere

The Root Causes for an Empathic World

Common heritage

Flow of personal energy

Self-empathy

Empathy
An Answer
Empathic World

Root Causes:
Common heritage
All resources are the common heritage of all life.
You get to have what you can manage, empathically.

Flow of personal energy
Natural free flow of personal and community energy
Free access to essentials for life (empathy, know-how, food, water, clothing, shelter, tools, energy)
=> personal energy to do, think, feel and connect
=> personal energy to solve, design, build, explore, create, etc.

Self-empathy
Awareness and understanding of self; empathy for self
=> wants/experiences seeking => feelings chasing =>
examine passion, purpose => skills and abilities =>
self-dignity => self-confidence => trust in self =>
self-regulation > self-direction > self-determination =>
leadership over self > individual freedom/autonomy

Empathy
The basis for compassion, love, forgiveness, etc. pg.9
Collaborative, freely cooperative, openly contributive,
cooperating in considerateness of others, co-creating,
coexisting, in sync with nature

Root Causes:

Ownership
fabricates separation, division, haves vs. have-nots.
ownership => inequality

Means of exchange
Ownership necessitates some means of exchange:
barter, trade, currency, money, credit, debt and labor.
Forces all to "earn or starve", "do your share"
Redirects living towards materialism, consumerism
and control over resources, nature and all of life.

Leadership over others
Ownership+means of exchange => power & control
Exertion of power & control over others by the few.
To maintain and gain power & control
establish or install leadership over others
=> hierarchies => social disparity
Money => power from many => to the few (leaders)

Competition
All of the above feed competitive conditions
Extreme competition => monopoly; exclusivity
To compete against others => turn off/mute empathy
Competition/competitiveness = anti-empathy

Problem
Human Misery Everywhere
Poverty, hunger, homelessness, human trafficking,
collateral damage, personal financial stress

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Conflict
Competition feeds on conflict
Inhibits empathy and collective action
Explores vs. explores
Antagonism over synthesis

Collaborative
Collaborative, freely cooperative, openly contributive,
cooperating in considerateness of others, co-creating,
coexisting, in sync with nature

Collaboration
Collaboration is the basis for:
Empathy, honesty, caring, compassion, kindness,
All resources, the land, nature, the minerals, the water, the sea life, the air, the sky, in the seas, the underground and caves, the mountains, the deserts, planet earth, the moon, the sun, the sunlight and our region of space in our solar system are all the common heritage of all life, all of life.

You get to have what you can manage, empathically.

Essentials for Life: empathy, know-how, food, water, clothing, shelter, tools, devices, transportation, culture, energy, air, sun and nature.

Each community is a steward of their sphere and overlapping spheres (environment, nature, resources, infrastructure)

Resources are managed empathically, recycled, reused, returned to the commons, returned to nature.

All resources not managed directly by individuals for personal use, with empathy, return to the commons.

Of things in the commons, they can be managed by groups, communities, by systems, automated and otherwise, and by those whose passion involves those things.

Not ownership, which centers on materialism, consumerism, power and control. Ownership separates us from nature by viewing it as not part of us, where we try to control it and extract all of the resources beyond necessity, for profit, for perpetual business growth and therefore infinite consumption and waste.
Flow of Personal Energy

A natural free flow of personal and community energy

when the essentials for life are freely accessible without bartering, trading, currency, money, credit, debt, and labor, without "earn or starve", without "do your share", and without having to "fight for your share".

empathy is the basis for compassion, love, forgiveness, gratefulness, appreciation, acceptance, benevolence, goodwill, genuineness, authenticity, trust, sincerity, respect and considerateness.

empathic behaviors

spiritual energy
(in free spirit: autonomously contributive, freely cooperative, collaborative, co-creating, coordinating in considerateness of others)

self-empathy

spiritual energy
(individual freedom, liberty, autonomy, self-direction, self-determination, leadership over self, self-regulation)

essentials for life
freely accessible
(empathy, know-how, food, water, clothing, shelter, tools, devices, transportation, resources, culture, energy, air, sun and nature)

vitality & health
physical energy
(strength, balance)

empowerment

empathic behaviors

spiritual energy
(in free spirit: autonomously contributive, freely cooperative, collaborative, co-creating, coordinating in considerateness of others)

self-empathy

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(individual freedom, liberty, autonomy, self-direction, self-determination, leadership over self, self-regulation)

essentials for life
freely accessible
(empathy, know-how, food, water, clothing, shelter, tools, devices, transportation, resources, culture, energy, air, sun and nature)

vitality & health
physical energy
(strength, balance)

pursuits, activities
emotional energy
(passion, purpose, sense of fulfillment, meaning in life, inspiring awe)

social-community activities
(arts, events, projects)

Flow of Personal Energy

Unleashed curiosity and thirst for experience, knowledge, understanding and challenges.

creative imagination
mental energy
(intelligence, know-how, curiosity, awe, inspiration, divergent & parallel thinking)

infrastructure
distributed & connected systems
(roads, rail, bridges, conduits)

knowledge, skills & abilities
(art, science, technology)
[exploration, invention, adventure, research, discovery, learning, showing, creating, performing, entertaining, building, constructing, repairing, raising kids, mentoring, experiencing]

individual development
(challenges, struggles, awareness, consciousness, understanding, want-feelings chasing)

spiritual energy
non-physical, non-material, aware of self, feel connection with others

Not means-of-exchange where we are forced, wherever we go, to "earn or starve", to "do your share", to "fight for your share"; in means-of-exchange methods there's deprivation of energy which creates need, demand, hunger, driving us to consumerism and materialism.
Self-Empathy

empathy for self ——> empathy for others

Health empathy is the basis for compassion, love, forgiveness, gratefulness, appreciation, acceptance, benevolence, goodwill, genuineness, authenticity, trust, sincerity, respect and considerateness.

awareness and understanding of self

know wants, experiences, connections seeking

feelings chasing

discover and know who you really are

habits tendencies thoughts behaviors personal drives

Is it right?

inner direction
inner compass

leader over self

individual autonomy

ability to listen to your body

self-determination

individual liberty

freedom of self-expression

purpose

passion

freedom of

skill & abilities

self-dignity

self-esteem self-regard

does the right thing when no one is looking

empathy

live and let live

leadership over self

inner freedom

freedom of self-expression

leadership over others requires giving power to the few "representatives" or "leaders" and relinquishing much of the ability of self-determination to them; it also creates hierarchies and therefore social disparity (wage, class and caste systems).

trust in self

self-confidence

trust in others

physical, mental, emotional energies

open to mistakes, to changes

free spirit

open to non-physical, non-material connections

You are not what you achieved or failed

You are not your past.

You are what you're thinking and behaving now.

You are not what you achieved or failed

You are not your past.

You are what you're thinking and behaving now.

physical, mental, emotional energies

Essentials for life freely accessible

Not leadership-over-others, which is the use of power and control over others, to maintain and gain power and control; leadership-over-others requires giving power to the few "representatives" or "leaders" and relinquishing much of the ability of self-determination to them; it also creates hierarchies and therefore social disparity (wage, class and caste systems).
Empathy is the ability to feel what others feel

from self-empathy and healthy spiritual energy

co-prospering
- distributed & divergent ways
- activities, projects, infrastructure, return to nature works, empathic and unencumbered advancements

coexisting
- connected & in sync with nature
- empathic behaviors
  - for/with others
  - autonomously
  - by/from one's own free will
  - ability to connect with others

empathic behaviors
- freely cooperating
- openly contributing
- coordinating in considerateness of others

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Healthy empathy is the basis for compassion, love, forgiveness, gratefulness, appreciation, acceptance, benevolence, goodwill, genuineness, authenticity, trust, sincerity, respect and considerateness.

self-empathy
- trust in self
- love self as you are

peaceful thriving empathic communities
- Self-feeding spiritual energy, the non-physical, non-material, feel connection with others, with life, with nature, to the spirit of things, with spirit, to higher meaning, higher spirit.

symbiotic
- flow of personal & community energy
- common heritage

synergetic
- individual freedom
- freedom of self-expression
- live and let live
  - Open to mistakes
taking chances
  - Open to change, fluctuations & dynamism
  - Open to diversity

individual freedom
- freedom of self-expression
- live and let live
- Open to mistakes
taking chances
- Open to change, fluctuations & dynamism
- Open to diversity

Not competition where we have to turn off or mute our empathy in order to compete against others, to be able to watch others beat each other; competition further feeds and exacerbates the problems of any means-of-exchange of separation from nature, materialism and infinite consumption, escalating to hoarding, greed and abstraction of life to things and disconnected ideas.
A way to remember key aspects, while developing and building the possibility, of an empathic world.

**Behavior**
Behavior can change, adapt, elevate.  
*(Not predetermined by genetics, race, class)*

**Empathic**
Empathic behaviors: collaborative, freely cooperative, openly contributive  
*(Not competitive, not monopolistic)*

**Self-empathic**
Self-empathic regulation of self, feelings chasing, tendencies > individual autonomy  
*(Not relinquish of self to others' say; not turning off or muting of one's empathy for self and others)*

**Thinking**
Thinking, cognitive and mental visioning; divergent and parallel thinking  
*(Not adversarial thinking; not convergent thinking where only one answer or one way to every problem)*

**Resources**
Resources are all the **common heritage** of all life.  
*(Not ownership, on which we fight over and war; not redistribution of wealth, not eminent domain)*

**Access**
Access to resources; essentials for life freely accessible > **flow of personal energy**  
*(Not means-of-exchange, which constrains us and disconnects us from nature)*

**Distributed**
Distributed production of food, energy, devices, etc.; water capturing, recycling, all nearby  
*(Not centralized through which power and control is concentrated)*

**In sync with nature**
In sync with nature's synergies and symbiotic interrelationships; organic food, biomimicry  
*(Not control over nature from which we suffer the consequences)*

**Connected**
Connected self-sustaining communities; connected distributed systems (e.g., Internet)  
*(Not isolated, not separate from others, but also not codependent parasitic connections)*

**Autonomy**
Individual autonomy, individual freedom, leadership over self < **self-empathy**  
*(Not leadership over others; not collectivism, not communitarianism, not at expense of individuals)*

**Live and let live**
Empathic coexistence; freedom of self-expression < **empathy**  
*(Not "earn or starve", not "do your share")*
How To Change

from human misery everywhere
to an empathic world.

The world can be changed,
especially overnight with critical mass.

Protesting is about letting others know of the issue and a demand for change.

However, realize that protesting is about trying to get others, those in power, the "representatives," to change things for us, instead of us doing it directly (empathic organic participatory democracy).

Peaceful protesting is important, but to change to an empathic world, building critical mass may be the way.

One act can start it all:

Critical mass
of people

at least
16% of the population

together at the same time

stops using money
& any means of exchange

begins the flow of personal energy

we would then no longer put
meaning into money

power into money

\[\text{chain reaction}\]

The few with the most money, therefore power, instantly lose the ability to pay to enforce the old ways.

Tremendous resources and patents would be freed up.

Trade secrets, know-how could then be opened up.

Ownership would revert to the commons.

You'll get to have what you can manage, empathically.

majority could then follow & participate

Each community would steward their own interconnected spheres.

Essentials for life are then made freely accessible.

natural free flow of personal and community energy

Instead of "earn or starve," people could then focus on self-empathy.

empathy replaces the competitive mindset

empathic world
live and let live

individual freedom
freedom of self-expression empathic behaviors

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At The Change — when the change is happening (money stops working)

**Continue to Operate Society**

- Use current systems and methods by however much it makes sense
- Replace or make them obsolete with new methods.
- Redesign and rebuild your community toward an empathic world

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**Disciplined Organized Services**

Police, military, fire, search & rescue, paramedics, etc.

In a world where people will practically be able to do just about anything (empathically), there will be those who will want to be a part of, whether full-time or part-time, a **structured life** or way of life with a **support structure** providing **form** and **discipline**, especially as a way to balance a seemingly unstructured life of the greatest possible individual freedom accorded by an empathic world.

**The police**

- Help maintain peace
- Focus on anti-empathy problems
- Investigate crimes
  - (murders, rape, abuses, violence, serious accidents, recklessness that puts others in serious harm, sociopathic and psychopathic acts)

**The military**

- Protect individual freedom personal privacy (dignity)
- As empathically as possible

**Judges and lawyers** also a balance with police.

**Jurors** and peers still to help make judgements.

**The police**

- Uphold the **Constitution** parts that are still relevant in an empathic world
- Primary upholding of **individual freedom & an empathic world**
  - Participate in activities with or separately from non-military
  - Research & development, infrastructure engineering, exploration of all kinds (space exploration as in Star Trek perhaps), and other especially large scale projects

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And **politicians** might be able to shift their focus on mediating or facilitating the social dynamics between groups and individuals and between communities and regions. Politicians will have to adapt to the **transfer of power** from the monied interests **to the people**, from leadership over others to leadership over self, based on self-empathy and empathy and not competition or competitiveness among the influential.
What To Do Now

When the essentials for life are made close by (from home outward and every level in between), then any disruptive event (natural or manmade) may less likely trigger desperation and violence.

Follow BEST RADICAL, especially distributed and connected systems, accessible as nearby as possible, on multiple levels (from close to you and outward to walking and bicycling distance).

Before and into the change.

When a centralized system goes down, it affects everything in that entire region (examples: food supply, water, electricity).

Essentials for Life: empathy, know-how, food, water, clothing, shelter, tools, devices, transportation, culture, energy, air, sun and nature.
Not A Utopia

Humanity cannot have a utopia, cannot have a perfect society.

In an empathic world, systemic problems (poverty, hunger, homelessness, etc.) would largely disappear. However, problems and potentials for concern that won’t disappear are at the individual or small group basis, with rare cases affecting the many.

Problems that won't go away
- murders
- jealousy/competitiveness
- anger
- frustration
- abuses
- accidents
- catastrophic errors
- sociopathic and psychopathic acts

Potential for small to great problems, always, but very open to them and desirable
- curiosity
- seek challenges
- risk taking
- thrill seeking
- skirt with danger
- seek experiences
- explore the unknown
- explore the universe

It may not be pretty; it may seem chaotic; it may be quite a challenge, but no more human misery everywhere.

Factors of an empathic world: individual freedom everywhere
- **No labor** (self-empathy => passion, purpose; [automation, 3D/4D printers])
- **No means of exchange** (flow of personal and community energy; empathy => with those of mutual purpose => acquire/produce want)
- **No ownership** (but personal possessions; you get to have what you can manage, empathically)
- **No redistribution of wealth** (returned to commons/nature; stewarded by local communities; participatory democracy => resources, projects)
- **Not centralized** (but interconnected, as in the Internet)
- **Not chaos** (organized from the community level outward, with overlaying backup/contingency systems; regulations => guidance)

Perpetually part of our need to advance
- struggles
- open to making mistakes
- open to perpetually learning and improving personal development
- mastery of skills and abilities, the path
- understanding self
- understanding others
- working with others

Misconceptions of "human nature"
- root causes => conditions => human behaviors

**Competitive world**
- hoarding fear of being denied, excluded
- greed addiction to power, aggressive hoarding
- laziness due to exhaustion, attrition, mental paralysis
- monetary/material incentives
- self is separate from others and nature, self-serving

**Empathic world**
- free access to essentials, always
- have meaning in life, self-empathy
- synergy, symbiosis
- flow of energy
- live and let live, curiosity, attraction
- people want to belong
- everything is connected